

SUMMER IN THE K.A.V.E. – AUGUST 2023



Important Info:

 STEAM Activity

 Outdoor Fun

 Cooking Project

 Water Play

***Pool Days (Tuesday & Friday)**

Depart at 9am Return at 2pm

Connecticut Belair Swim Club
3901 Ferrara Dr, Silver Spring, MD
20906

Bring child in swim suit & SITK swim shirt
Pack dry change of clothes/shoes

***Field Trips (Wednesday)**

Depart at 9am Return by 2pm

August 2 - Cabin John Park

August 9 - Mooseum

August 16 - Greenbriar Park

Bring child in SITK field trip shirt

***ALL POOL & FIELD TRIP DAYS ARE
SUBJECT TO CHANGE**

Week 6

Week 7

Week 8

Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Spirit in the K.A.V.E. 	31 DIY Sports Jersey DIY Team Banners Design a sports ball Turkey Hot Dogs Frisbee Tourney Musical Chairs Freeze Dance	1 Pool Day! Secret Message/ picture paint Frame Sun Catchers Twister Garden Yoga Simon Says	2 Field Trip! DIY Wacky Sacks Marshmallow Catapults Bird Baths Pizza Bagels Charades Song Cube	3 Hair Salon Runway Show Forrest in a Jar Stilt Races Scavenger Hunt Predator vs. Prey	4 Pool Day! DIY Medals Design Your Pajamas DIY Cookie Holder Eggless Edible Cookie Dough Potato Sack Egg Race
Time Travelers 	7 Build a Knight DIY Shield Fire Breathing Dragon Storm the Castle Knights Armor Sharks & Minnows Jump the Creek	8 Pool Day! Rocking Dino Eggs DIY Dino Eggs Dinos in Sand Running from Dinos Fossil Search Steal the Bacon	9 Field Trip! Flour Castles Custom Crowns Kings & Queens Water Balloon Volleyball Soak the Jester	10 DIY Mummies Mummy Tombs Moving Eye Mummy Hot Dog Mummy Huckle Buckle Bean Stalk Don't Wake the Mummy	11 Pool Day! Robot Pals Robot Heads Build a Flying Car Pretzel Lightsaber Freeze Tag Hula Hoop Freeze Dance
Heroic Heros 	14 Hero Masks Felt Heros Popsicle Heros Batman vs. Joker Spiderman Mask Obstacle Course Ball Toss Jump the Creek	15 Pool Day! Hero Symbols DIY Hero Capes Who's Your Hero? Sack Races Team Races Fill the Bucket	16 Field Trip! Thor's Hammer Captain America Sheild DIY Iron Man's Helmet Mini Hammers Disk Throwing Hula Hoop Toss Water Balloon Toss	17 Wooden Spoon Hero Face painting/Tattoos Tissue Paper Symbol Knock the Tower Shark Attack Sharks and Minnows	8 Pool Day! DIY Hero Cars Fingerpaint Heros Hero Tubes Captain America Cookies Jump the Towers Hero vs. Villians